



Welcome to **Childcare Adventures Early Learning Center!** Our staff is pleased you have chosen us. We would like your child's first few days with us to be as pleasant as possible. For many, this is the first major separation from family. **Please review the following suggestions to help your child feel more comfortable with the new transition:**

- Get your child's enthusiasm up by talking about the fun they're going to have and the things they're going to do. From an emotional standpoint, it helps children to have some idea of what to expect and to have some basic information beforehand.
- If possible, prior to the first day, visit our school and classroom so your child can meet the teacher and play on the playground equipment for a short time.
- It is helpful to tell your child exactly what you will be doing while they are at school, i.e. working or going to school.
- Talk about his/her new teacher by name, which will be \_\_\_\_\_.
- Bring a small crib size blanket and cuddly toy from home, labeled with your child's name.
- Bring at least one change of clothes in a plastic bag with your child's name on the outside. Outerwear should be labeled with child's name. Tennis shoes should be worn for safe play. No flip flops or crocs.
- On the first day of school, we encourage you to bring your child to their room and help to put their belongings in place. Tell your child you are leaving for work and will return afterward, then leave directly. We understand your child may become emotional and/or sentimental, and rest assured our teachers get children involved very quickly with the other children and the activities, which will help to occupy their thoughts.
- Please feel free to call during the day to see how your child is adjusting.
- Teacher will let you know how the first day went. Our center encourages frequent parent/teacher communication.

To help staff members understand your child as an individual, please complete and return the "Getting To Know Me" questionnaire on the next page!

## GETTING TO KNOW ME

**Child's name** \_\_\_\_\_

### HOUSEHOLD

Mother / Father / Siblings \_\_\_\_\_

### SOCIAL

Has your child received outside child care before? \_\_\_\_\_

Child Care \_\_\_\_\_ Private Home \_\_\_\_\_ Relative \_\_\_\_\_

What is your child's favorite activity? \_\_\_\_\_

Does your child have difficulty with separation? \_\_\_\_\_

### ROUTINES

Would you classify your child's eating habits as: Good \_\_\_ Average \_\_\_ Poor \_\_\_

Does your child take a nap during the day? \_\_\_\_\_ If yes, how long? \_\_\_\_\_

Can your child decide when he/she needs to go to the bathroom? \_\_\_\_\_

What, if any, pre-existing health issues does your child have? \_\_\_\_\_

What are your child's strengths / weaknesses? \_\_\_\_\_

\_\_\_\_\_

### GUIDANCE AND BEHAVIOR

Would you judge your child to be managed: EASILY \_\_\_ FAIRLY EASILY \_\_\_ DIFFICULT \_\_\_

Are there any special circumstances in the family which may be a factor in your child's present behavior? (divorce, death, new baby, hospitalization, recent move)

\_\_\_\_\_

What concerns do you have about your child's present behavior? \_\_\_\_\_

What are you doing about those concerns? \_\_\_\_\_

In what ways would you like to see your child develop during this next year in our program?

\_\_\_\_\_

### HOW DID YOU HEAR ABOUT OUR CENTER?

Friend/relative \_\_\_\_\_ Neighborhood/sign \_\_\_\_\_ Phone Book \_\_\_\_\_ Advertisement \_\_\_\_\_